# 5β-ANDROSTANE-3α 17β-DIOL: AN ENDOGENOUS SUBSTRATE FOR RABBIT LIVER 3-HYDROXYHEXOBARBITAL DEHYDROGENASE

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Abstract—Dehydrogenation of  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol to  $5\beta$ -androstan- $3\alpha$ -ol-17-one was found to be catalysed by rabbit liver 3-hydroxyhexobarbital dehydrogenase. Rabbit liver cytosol contained several enzyme activities for the dehydrogenation of  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. One of the activities was not separable from 3-hydroxyhexobarbital dehydrogenase in the course of purification and on polyacrylamide gel disc electrophoresis. The activity of 3-hydroxyhexobarbital dehydrogenase was inhibited competitively by  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. Results of a mixed substrate method, thermal inactivation and inhibition by p-chloromercuribenzoate also supported the interpretation that a single enzyme was responsible for the dehydrogenation of 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. It was shown that, in the rabbit liver, 3-hydroxyhexobarbital dehydrogenase was separate from testosterone  $17\beta$ -dehydrogenase (NADP) (EC 1.1.1.64) by TEAE-cellulose column chromatography, although both enzymes were found to be identical in the case of guinea-pig liver.

3-Hydroxyhexobarbital dehydrogenase which catalyses the reversible reaction of 3-hydroxyhexobarbital to 3-oxohexobarbital is present in rabbit liver cytosol and it has been shown that the enzyme is different from classical alcohol dehydrogenase (EC 1.1.1.1)[1-4].

Recently, we indicated that 3-hydroxyhexobarbital dehydrogenase from rabbit liver cytosol was able to catalyse the dehydrogenation of alicyclic alcohols (e.g. 3-hydroxyhexobarbital, 1-indanol) and acyclic secondary alcohols (e.g.  $\beta$ -ionol, styrylmethylcarbinol), but the enzyme metabolized testosterone very poorly [5]. On the other hand, Kageura and Toki [6, 7] demonstrated that the guinea-pig liver enzyme catalyses the dehydrogenation of a variety of androgens having a  $17\beta$ -hydroxyl group, and that the enzyme is identical with testosterone  $17\beta$ -dehydrogenase (NADP) (EC 1.1.1.64).

In the present experiment, to investigate the endogenous substrates of rabbit liver 3-hydroxyhexobarbital dehydrogenase, various hydroxysteroids were tested. Among these compounds, only  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol gave appreciable activity. A difference of the enzyme from testosterone  $17\beta$ -dehydrogenase was also confirmed.

# MATERIALS AND METHODS

The following materials were obtained from commercial sources: NAD(H) and NADP(H) (Oriental Yeast Co., Ltd., Tokyo, Japan); Sephadex G-100 (Pharmacia Fine Chemicals AB, Uppsala, Sweden); triethylaminoethyl (TEAE)-cellulose (Serva-Entwicklungslabor, Heidelberg, Germany); hydroxylapatite and acrylamide (Seikagaku Kogyo Co., Ltd., Tokyo, Japan); 5α-androstan-3α-ol-17-one, testosterone and oestradiol-17β (Teikoku Hor-

mone Mfg. Co., Ltd., Tokyo, Japan); 4-androsten- $6\beta$ ,  $17\beta$ -diol-3-one (The Upjohn Co., Kalamazoo, MI, U.S.A.). All of other steroids were from Sigma Chemical Co., St. Louis, MO, U.S.A. or Steraloids, Inc., Pawling, NY, U.S.A.  $\alpha$ -3-Hydroxyhexobarbital was prepared by the method of Takenoshita and Toki [5].

Preparation and purification of 3-hydroxyhexobarbital dehydrogenase were described in the previous paper [5]. The 105,000 g supernatant fluid of rabbit liver homogenate was used as the source of the enzyme. The fractionation with ammonium sulphate was followed by Sephadex G-100 gel filtration, TEAE-cellulose column chromatography and hydroxylapatite column chromatography. Sodium phosphate buffer, pH 8.0, containing 0.05% (w/v) 2-mercaptoethanol was used as a elution buffer on column chromatography.

Enzyme activities were measured spectrophotometrically by the change of the absorbance at 340 nm at 25°. For the determination of the enzyme activity, α-3-hydroxyhexobarbital (1 mM), testosterone (0.1 mM) or  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol (25 or  $50 \mu M$ ) was used as substrate. The reaction mixture contained 0.1 ml of substrate, 1.5 µmoles of NAD (or  $0.6 \mu \text{mole}$  of NADP), a suitable quantity of enzyme solution, and 0.1 M glycine buffer, pH 9.5 (or 10.5 for testosterone), to make a total volume of 1.5 ml. A unit of activity is defined as the amount of enzyme which forms 1 µmole of NAD(P)H per min at 25°. Protein concentration was determined by the method of Lowry et al. [8] after all the proteins were precipitated by the method of Folin and Wu [9]. Bovine serum albumin was used as standard.

Polyacrylamide gel disc electrophoresis was performed as described by Davis [10]. Location of

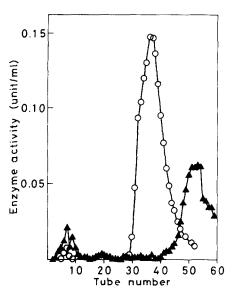


Fig. 1. TEAE-cellulose column chromatography of 3-hydroxyhexobarbital dehydrogenase and testosterone 17β-dehydrogenase. Sephadex G-100 fraction was applied to a TEAE-cellulose column (1.5 × 23 cm). The column was eluted with a linear gradient of 300 ml each of the elution buffer, from 5 mM to 50 mM, and 10 ml fractions were collected. O, activity for 3-hydroxyhexobarbital; Δ, activity for testosterone.

protein bands and demonstration of enzyme activities on polyacrylamide gel were described in the previous paper [5].

### RESULTS

Separation of 3-hydroxyhexobarbital dehydrogenase from testosterone  $17\beta$ -dehydrogenase. The two enzyme activities for 3-hydroxyhexobarbital and testosterone were not separable at the purification steps of ammonium sulphate fractionation and Sephadex G-100 gel filtration. However, 3-hydroxyhexobarbital dehydrogenase was separated distinctly from testosterone  $17\beta$ -dehydrogenase by TEAE-cellulose column chromatography (Fig. 1). Accordingly, in contrast with guinea-pig liver, 3-hydroxyhexobarbital and testosterone are metabolized by the different enzymes and testosterone does not function as a physiological substrate for rabbit liver 3-hydroxyhexobarbital dehydrogenase.

Substrate specificity. In order to find the endogenous substrate for the rabbit liver enzyme, a wide variety of steroids possessing hydroxyl group(s) at  $3(\alpha \text{ or } \beta), 6(\beta), 7(\alpha), 11(\beta), 12(\alpha), 17(\alpha \text{ or } \beta), 20(\beta)$ and/or 21 position of the steroid nucleus were tested (Table 1). Among these compounds, only  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol showed a comparable activity to  $\alpha$ -3-hydroxyhexobarbital.  $5\beta$ -Androstane- $3\beta$ ,  $17\beta$ diol,  $5\beta$ -androstan- $17\beta$ -ol-3-one,  $5\beta$ -androstan- $17\beta$ ol,  $5\alpha$ -androstane- $3\alpha$ ,  $17\beta$ -diol, and 4-androstene- $3\beta$ ,  $17\beta$ -diol were also metabolized, but the relative rate was less than 40 per cent of that of  $\alpha$ -3hydroxyhexobarbital. The other hydroxysteroids including testosterone were not metabolized or exhibited merely a negligible activity. In general, 5β-androstanes gave higher activities than corresponding  $5\alpha$ -isomers.

Table 1. Relative rates of the dehydrogenation of steroids by 3-hydroxyhexobarbital dehydrogenase\*

Substrate	Relative rate with NAD with NAD		
α-3-Hydroxyhexobarbital	100	39	
$5\beta$ -Androstane- $3\alpha$ , $17\beta$ -diol <sup>†</sup>	70	120	
$5\beta$ -Androstane- $3\beta$ , $17\beta$ -diol‡	18	18	
$5\beta$ -Androstan- $17\beta$ -ol-3-one‡	17	17	
$5\beta$ -Androstan- $17\beta$ -ol§	24	21	
$5\alpha$ -Androstane- $3\alpha$ , $17\beta$ -diol <sup>†</sup>	18	38	
$5\alpha$ -Androstan-17 $\beta$ -ol-3-one‡	8	5	
5α-Androstan-17β-ol§	7	12	
Testosterone‡	3	6	
4-Androstene- $3\beta$ , $17\beta$ -diol‡	12	33	

- \* Relative rate was expressed by per cent activity of  $\alpha$ -3-hydroxyhexobarbital at the same concentration. Assay system consisted of 0.1 ml of methanolic solution of each steroid, 1.5 \(\mu\)moles of NAD (or 0.6 \(\mu\)mole of NADP), 0.1 ml of enzyme solution and 0.1 M glycine buffer, pH 9.5 (or 10.5 for NADP) to make a final volume of 1.5 ml. The following steroids were found to be inactive as substrate for 3-hydrocyhexobarbital dehydrogenase:  $5\beta$ -androstan- $3\alpha$ -ol-17-one,  $5\beta$ -androstan- $3\beta$ -ol-17-one,  $5\beta$ -androstane- $3\alpha$ ,  $11\beta$ ,  $17\beta$ -triol,  $5\beta$ -pregnane- $3\alpha$ ,  $11\beta$ ,  $20\beta$ - $5\beta$ -pregnan- $3\alpha$ ,  $17\alpha$ ,  $20\beta$ , 21-tetrol-11-one, pregnan- $3\alpha$ ,  $11\beta$ ,  $17\alpha$ , 21-tetrol-20-one,  $5\beta$ -pregnan- $3\alpha$ -ol-20-one,  $5\beta$ -pregnane- $3\alpha$ ,  $20\beta$ -diol,  $5\beta$ -pregnane- $3\alpha$ ,  $11\beta$ ,  $17\alpha$ ,  $20\beta$ , 21-pentol, cholic acid, desoxycholic acid, androsterone,  $5\alpha$ -androstan- $3\beta$ -ol-17-one,  $5\alpha$ -androstane- $3\alpha$ ,  $11\beta$ ,  $17\beta$ -triol,  $5\alpha$ -pregnan- $3\alpha$ ,  $11\beta$ ,  $17\alpha$ , 21-tetrol-20-one, epitestosterone, 19-nortestosterone, 4-androsten-6β,17βdiol-3-one, 4-androstene-11β-ol-3,17-dione, 5-androsten- $3\beta$ -ol-17-one, 5-androstene- $3\beta$ ,  $17\beta$ -diol, 4-pregnen- $20\beta$ -ol-3-one, corticosterone, cortisol and oestradiol- $17\beta$ .
  - † 0.05 mM. ‡ 0.1 mM.
  - § 0.01 mM.

The metabolite of  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol was identified to be  $5\beta$ -androstan- $3\alpha$ -ol-17-one ( $R_f$  0.44) by t.l.c. on silica gel HF<sub>254</sub> (E. Merck A.-G., Darmstadt, Germany) with benzene/acetone (4:1, v/v) as solvent.  $5\beta$ -Androstan- $3\alpha$ -ol-17-one gave a red colour after spraying with H<sub>2</sub>SO<sub>4</sub>-methanol (1:1, v/v) followed by heating moderately. The reversibility of the reaction was confirmed by production of  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol ( $R_f$  0.25, purple colour) from  $5\beta$ -androstan- $3\alpha$ -ol-17-one.

Elution patterns of the dehydrogenation activities for 3-hydroxyhexobarbital and 5β-androstane- $3\alpha,17\beta$ -diol. Figure 2A shows that one of the dehydrogenation activities for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ diol coincided with the 3-hydroxyhexobarbital dehydrogenase activity on Sephadex G-100 gel filtration. The active fraction (tubes 49-55) was applied to a TEAE-cellulose column. The enzyme activity for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol was separated into several peaks, and one of them (tube 34) coincided with that of the main activity of 3-hydroxyhexobarbital dehydrogenase (Fig. 2B). The results of polyacrylamide gel disc electrophoresis of the active fraction (tubes 30-37) showed that the main protein bands concerned with the dehydrogenation of both 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. The fraction was then applied to a hydroxylapatite column. The elution patterns of the

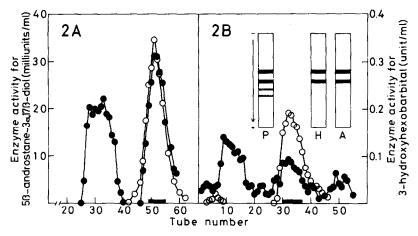


Fig. 2A. Sephadex G-100 gel filtration of the dehydrogenation activities for 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. Ammonium sulphate fraction (6 ml) was applied to a Sephadex G-100 column (2.5 × 90 cm). The column was eluted with 5 mM elution buffer and 6 ml fractions were collected.  $\bigcirc$ , activity for 3-hydroxyhexobarbital;  $\bigcirc$ , activity for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol.

Fig. 2B. TEAE-cellulose column chromatography and polyacrylamide gel disc electrophoresis of the dehydrogenation activities for 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. Sephadex G-100 fraction (tubes 49-55) was applied to a TEAE-cellulose column (1.5 × 23 cm). Elution was carried out as described in Fig. 1.  $\bigcirc$ , activity for 3-hydroxyhexobarbital;  $\bullet$ , activity for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol; P, protein; P, activity for 3-hydroxyhexobarbital; P, activity for P0 activity for P1 activity for P2 androstane-P3 activity for P3 activity for P4 activity for P5 androstane-P6 activity for P9 androstane-P9 activity for P9 acti

dehydrogenation activities for the two substrates gave good agreement (Fig. 3). These results indicated that the rabbit liver cytosol contained several enzyme activities for the dehydrogenation of  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol; however, only one of them was able to oxidize 3-hydroxyhexobarbital.

Mixed substrate method. As shown in Table 2, the dehydrogenation rate of a mixture of 3-hydroxy-hexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol was less than the sum of the rates of dehydrogenation of each substrate added separately. These data indicated that a single enzyme is responsible for the oxidation of the two substrates [11].

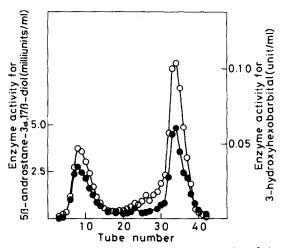


Fig. 3. Hydroxylapatite column chromatography of the dehydrogenation activities for 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. TEAE fraction (tubes 30–37) was applied to a hydroxylapatite column (1.5 × 10 cm). The column was eluted with a linear gradient of 150 ml each of elution buffer, from 20 mM to 100 mM and 6 ml fractions were collected.  $\bigcirc$ , activity for 3-hydroxyhexobarbital;  $\bullet$ , activity for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol.

Effects of thermal treatment and p-chloromercuribenzoate. Table 3 shows that the enzyme activity for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol was lost by thermal treatment to the same degree as that for 3-hydroxyhexobarbital at each temperature tested. The ratios of the enzyme activity for 3-hydroxyhexobarbital to that for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol gave the almost constant values of 1.3-1.4, at every temperature examined.

The enzyme activities for the two substrates were inhibited by p-chloromercuribenzoate non-competitively. The  $K_i$  values calculated from Lineweaver-Burk [12] plots were very similar for the two substrates:  $3.5 \mu M$  for 3-hydroxyhexobarbital and  $3.2 \mu M$  for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol.

Inhibition of 3-hydroxyhexobarbital dehydrogenase by  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. 3-Hydroxyhexobarbital dehydrogenase was inhibited by  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol competitively (Fig. 4). This result indicated that both compounds bound to the same site of the enzyme. The  $K_i$  value for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol was  $23 \mu M$ .

Other properties. As shown in Table 4, the  $K_m$ value for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol was about onesixth of that of 3-hydroxyhexobarbital. Therefore, the enzyme has higher affinity for the former compound than the latter one. The  $K_m$  values for NAD and NADP with  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol were one-tenth of those with 3-hydroxyhexobarbital. The reason the  $K_m$  values for pyridine nucleotides differ greatly between the two substrates is unknown. The lower  $K_m$  values for the steroid substrate may have some physiological significance. Maximal velocities for  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol were one-eighteenth with NAD and one-third with NADP in comparison with those for 3-hydroxyhexobarbital. In contrast to 3-hydroxyhexobarbital,  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol gave a higher activity with NADP than NAD.

Table	2.	Mixed	substrate	method*
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		NAD(P)H formed	
Substrate	Concentration	with NAD	with NADP
	mM	nmoles/ml/20 min	
α-3-Hydroxyhexobarbital	0.1	59.0	28.1
5β-Androstane-3α,17β-diol	0.025	10.1	15.9
Combined		55.1	28.9

<sup>\*</sup> Assay system consisted of 0.1 ml of enzyme solution, 3  $\mu$ moles of NAD(or 0.3  $\mu$ mole of NADP) and 0.2 ml of methanolic solution of substrate or 0.2 ml of methanolic solution of two substrates in 0.1 M glycine buffer, pH 9.5 (or 10.5 for NADP).

Table 3. Effect of thermal treatment on the dehydrogenation activities for 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol\*

Temperature	Activity for 3-hydroxyhexobarbital NADH formed (A)		Activity for 5β-androstane-3α,17β-diol NADH formed (B)		A/B
	nmoles/ml	%	nmoles/ml	%	
2°	9.4	100	6.8	100	1.39
40°	8.8	94	6.4	95	1.37
45°	7.4	79	5.4	80	1.37
48°	2.9	31	2.1	31	1.38
52°	0.6	7	0.5	7	1.33
55°	0	0	0	0	

<sup>\*</sup> Enzyme solutions were heated at each temperature for 5 min and immediately cooled in ice. Aliquots of the enzyme solution were utilized for measurements of the dehydrogenation activities for 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol simultaneously.

## DISCUSSION

It was presumed that the oxidation of 3-hydroxyhexobarbital would be catalysed by alcohol dehydrogenase (EC 1.1.1.1), because of wide substrate specificity of the enzyme including cyclic alcohols [13]. However, Toki and Tsukamoto [3, 4] estab-

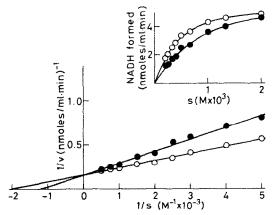


Fig. 4. Lineweaver-Burk plot of the inhibition of 3-hydroxyhexobarbital dehydrogenase by  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol. The enzyme solution (0.1 ml) in glycine buffer, pH 9.5 (1.1 ml) was preincubated with  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol (22.5 nmoles in 0.1 ml of methanol) or methanol (0.1 ml) for 3 min at 25°, then at intervals of 1 min NAD (3  $\mu$ moles) and 3-hydroxyhexobarbital were added to start the reaction.  $\bigcirc$ , activity without  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol;  $\bigcirc$ , activity with  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol.

lished that, during purification, 3-hydroxyhexobarbital dehydrogenase obtained from rabbit liver cytosol was separated from alcohol dehydrogenase, and that horse liver alcohol dehydrogenase was unable to oxidize 3-hydroxyhexobarbital.

Later, 3-hydroxyhexobarbital dehydrogenase was purified to a homogeneous protein from rabbit liver and guinea-pig liver [5, 7]. Both enzymes showed a marked difference in substrate specificity [5, 7]. The rabbit liver enzyme oxidized a wide variety of foreign alcoholic compounds (e.g. styrylmethylcarbinol,  $\beta$ -ionol, 1-indanol and 1-tetralol), while the substrate for the guinea-pig liver enzyme was on the other hand restricted to  $C_{19}$ -17 $\beta$ -hydroxysteroids. Kageura and Toki [6] demonstrated that guinea-pig liver 3-hydroxyhexobarbital dehydrogenase is identical with testosterone 17 $\beta$ -dehydrogenase (NADP) (EC 1.1.1.64).

The present study revealed that, in the case of rabbit liver, among various steroids, only  $5\beta$ -androstane- $3\alpha$ , $17\beta$ -diol exhibited the relatively high activity. This compound reacted at the same site of the enzyme as 3-hydroxyhexobarbital, and the enzyme attacked the  $17\beta$ -hydroxyl group of  $5\beta$ -androstane- $3\alpha$ , $17\beta$ -diol. It was also shown that testosterone  $17\beta$ -dehydrogenase was separated from 3-hydroxyhexobarbital dehydrogenase. Thus, the characteristic features of 3-hydroxyhexobarbital dehydrogenase are very different between two species.

 $5\beta$ -Androstane- $3\alpha$ ,  $17\beta$ -diol is biotransformed from testosterone and this compound is inactive as an androgenic or anabolic agent [14–16]. Granick

Table 4. Comparison of the properties of 3-hydroxyhexobarbital dehydrogenase when 3-hydroxyhexobarbital and  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol were used as substrates

	$5\beta$ -Androstane- $3\alpha$ , $17\beta$ -diol		3-Hydroxyhexobarbital	
	NAD	NADP	NAD	NADP
Optimum pH	9.5-10.2	9.8–10.5	9.5	10.5
$K_m(\mu M)$ for				
Substrate	77	67	530	400
Cofactor	190	2.2	1900	22
$V_{\rm max}$	0.6	1.0	10.6	3.0
(µmoles/min/mg protein)				

and Kappas [17] reported that steroid metabolites of  $5\beta$ -H type including  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol strongly stimulate porphyrin biosynthesis in chick embryo liver cells. However, the physiological role of  $5\beta$ -androstane- $3\alpha$ ,  $17\beta$ -diol is still unknown.

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